

WELCOME TO  
TIGH AN EILEAN HOTEL  
& THE COASTAL KITCHEN

menu

CELEBRATING OUR  
20TH ANNIVERSARY

## SOUPS

**V** See blackboard for today's homemade soup(s) served with our homemade bread

£4.00/£5.75

Our house Cullen skink:

£4.00/£5.75

## SANDWICHES

Served from 12 to 2.30pm

All sandwiches with salad & crisps

**G** alternative available

**Smoked salmon**

Shieldaig village smoked salmon & crowdie (Scottish cream cheese) **£8.00**

**Honey glazed ham & salad** **£5.00**

**Mature cheddar **V** & homemade chutney** **£4.50**

## SIDES

**Our homemade bread **V****

With aged balsamic vinegar and extra virgin olive oil **£2.75**

**Chips** **£2.50/£3.50**

**Coastal Kitchen coleslaw **V**** **£3.50**

**Our house salad**

With our house dressing **£3.00**

**Cheesy chips **V**** **£5.00**

## PIZZAS FROM THE WOOD-FIRED OVEN

Hand-spun from pizza dough made in-house to a classic recipe

See blackboard for today's pizza and other wood-fired specialities

**VG **V**** alternatives available

## DISHES

**As an alternative to starters and main courses we offer small & large plates for many of our dishes to suit every appetite.**

**Fresh local seafood** from our village fishermen, traditionally creel-caught or dived, from sustainable sources and delivered from the jetty to the kitchen door each day.

**Loch Torridon langoustines**

With salad and thousand island sauce

**G** alternative available **£2.75** each

**Loch Torridon langoustines a la plancha **G**** Whole langoustine halved and grilled with garlic butter **£17.25**

**Loch Torridon langoustines scampi**

Served with chips, salad and our tartare sauce (6) **£17.75**

**Shieldaig village smoked salmon**

**G** alternative available

Hot and cold smoked salmon with lemon and homemade bread **£9.95/£17.95**

**Fishcakes**

Served with salad and cucumber remoulade

(1) **£5.00**

(2) **£7.50**

(3) **£9.75**

**Fish and chips**

**G** alternative available

Fresh Scottish haddock in our batter, served with tartare sauce, salad & chips **£10.75/ £15.95**

**Hand-dived local scallops**

See blackboard **£10.75/£19.75**

**8oz Scottish aged sirloin steak **G****

Cooked to your liking and served with chips, oven-roasted cherry tomatoes and small salad **£23.00**  
Add pepper or blue cheese sauce + **£2.00**

**Haggis, neeps and tatties**

Traditionally made, with neeps, mashed potatoes and a whisky sauce **£8.50/£12.50**

**Our bangers, mash & peas**

Scottish venison sausages with mashed potatoes, peas and onion gravy **£13.95**

**Homemade Scottish Beef burger and chips **G**** alternatives available.

Served with gherkin and our coleslaw **£12.75**

Add blue or swiss cheese + **£1.50**

Add caramelised onions + **£1.00**

**Highland Venison casserole and suet dumplings** With mashed potato **£13.95**

**Baked goat's cheese **V****

Served with walnut crust and pickled beetroot salad **£6.50/£9.95**

**Roasted tomato **G **V** **VG******

Filled with Mediterranean quinoa and served with rocket and apple salad, black olives and finished with parmesan or vegan cheese **£9.95**

## CHILDREN

We can serve small portions of most of our dishes and in addition we have

**Small margarita pizza **V****

from the wood-fired oven (when available) **£6.95**

**Kids fish & chips**

Fresh Scottish Haddock served with chips and garden peas **£9.75**

**Sausage, beans & chips** **£6.95**

We have a large array of both alcoholic and non-alcoholic drinks at the bar, including real ales, guest beers and selected Scottish malts and craft gins – please just ask your server for your drink of preference.

## CHAMPAGNE & SPARKLING

Joseph Perrier Cuvée Royale	Bottle £60.00	Half £40.00	Quarter £25.00
Prosecco Spumante Extra Dry (Italy)	Bottle £30.00	Quarter £11.00	
Prosecco Il Fresco, Villa Sandi Treviso (Italy)			

## WHITE

Colombard, Baron d'Arignac (France) 2017/18	Bottle £19.00	175mls £5.25	250mls £6.75
Sauvignon Blanc, Santa Helena (Chile) 2018/19	£22.00	£5.75	£7.50
Victoria park Chardonnay, Yalumba 2016/17	£25.00		
Pinot Grigot, terra del Noce (Italy) 2017/18	£26.00	£6.50	£9.00
Picpoul de Pinet, Beauvignac (France) 2017/18	£30.00		

## ROSE

Syrah Rose, Baron d'Arignac (France) 2017/18	Bottle £19.00	175mls £5.25	250mls £6.75
Rose, Santa Helena (Chile) 2018/19	£22.00		

## RED

Cabernet Sauvignon, Baron d'Arignac (France) 17/18	Bottle £19.00	175mls £5.25	250mls £6.25
Merlot, Santa Helena (Chile) 2017/18	£22.00	£5.75	£7.50
Rioja, Monte Haro, Paternina (Spain) 2016/17	£24.00		
Shiraz, Yalumba y Series (Australia) 2016/17	£30.00		

### FOOD ALLERGIES AND INTOLERANCES

Please speak to staff about your requirements before ordering.

**V** Vegetarian option

**VG** Vegan option

**G** No Gluten containing ingredients

## PUDDINGS

See blackboard for today's other puddings

**Our sticky toffee & date pudding** **V**  
With vanilla ice cream **£7.00**

**Ice cream & Sorbet** **V**  
See blackboard for today's flavours  
Per scoop **£2.50**

**Selection of Scottish cheeses** **V**  
With oatcakes and homemade chutney **£9.75**

## BEER

### Draught Beer & Cider

Guinness	£4.40/£2.30
Tennent's Lager	£3.80/£2.00
Heverlee Belgian Lager	£4.00/£2.10
Tennent's Ember	£4.00/£2.10
Strongbow Cider	£3.85/£2.00

### Draught Real Ale

Strathcarron Brewery Red Cow	£4.20/£2.20
Strathcarron Brewery Golden Cow	£4.20/£2.20

### Bottled Beers & Cider

Strathcarron Brewery Black Cow	£4.75
Old Mout Cider Summer Berries	£4.75
Old Mout Cider Kiwi & Lime	£4.75
Crabbies Alcoholic Ginger Beer	£4.75
Peroni	£3.40
Stella	£3.40
Corona	£3.40
Becks	£3.40
Becks Blue (Non-Alcoholic)	£3.40

## SOFT DRINKS

### Cans

Coke, Diet Coke, Irn Bru	£1.75
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### Bottles

Fentimans Ginger Beer, Fentimans Victorian Lemonade, Appletiser, Sparkling Elderflower Presse, Orange & Passionfruit J2o	
Apple & Raspberry J2o	£3.00

### Highland Spring water

1lt Still or Sparkling	£3.50
330ml Still or Sparkling	£2.00



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