



# menu

WELCOME TO THE SHIELDAIG BAR AND COASTAL KITCHEN. PLEASE TAKE YOUR TIME TO BROWSE OUR MENU

## SOUPS

See blackboard for today's homemade soup(s) served with our homemade bread

Cup	£4.00
Bowl	£5.50

Our house seafood chowder:

Cup	£5.00
Bowl	£6.75

## VEGETARIAN DISHES V

See blackboard for today's other vegetarian dishes

### Grilled goat's cheese

Set on a crouton and topped with parmesan and walnut crust

served with beetroot salad **£6.25/£9.75**

### Mediterranean Vegetable and brie Wellington

**£11.95**

## SANDWICHES

Served from 12 to 2.30pm  
All sandwiches with salad & crisps

### Smoked salmon

Shieldaig village smoked salmon & crowdie (Scottish cream cheese) **£7.50**

Honey glazed ham & salad **£4.50**

Mature cheddar & homemade chutney **£4.00**

## MEAT DISHES

See blackboard for today's other meat dishes

### 8oz Aged Rib-eye steak

Cooked to your liking and served with chips, oven-roasted cherry tomatoes and small salad **£23.00**  
Add pepper sauce **+ £1.50**

### Haggis, neeps and tatties

Traditionally made to a local recipe, with mashed potatoes, and a whisky sauce **£6.95/£10.25**

### Our bangers, mash & peas

Scottish venison sausages with mashed potatoes, peas and onion gravy **£10.95**

### Homemade beef burger and chips

Served with gherkin and our special coleslaw **£11.75**  
Add blue or swiss cheese **+ £1.50**  
Add caramelised onions **+ £1.00**

### Highland Venison Casserole

With dumplings and fresh vegetables **£12.95**

## PIZZAS FROM THE WOOD-FIRED OVEN

### Each day we prepare pizzas...

Hand-spun from pizza dough made in-house to a classic recipe

See blackboard for today's pizza and other wood-fired specialities

## SIDES

### Our homemade bread

With aged balsamic vinegar and extra virgin olive oil **£2.50**

Chips **£2.50**

Olives **£4.00**

Coastal Kitchen coleslaw **£3.00**

Our house salad **£3.00**  
With our house dressing

SEE OUR BLACKBOARD FOR TODAY'S CATCH

## FISH & SHELLFISH DISHES

**Fresh local seafood** from our village fishermen, traditionally creel-caught or dived, from sustainable sources and delivered from the jetty to the kitchen door each day.

### The famous Coastal Kitchen seafood stew

A selection of the finest local seafood and saffron new potatoes in a langoustine-based bisque and served with our homemade bread **£19.50**

### Loch Torridon langoustines

With salad and thousand island sauce **£2.50 each**

### Loch Torridon langoustines

Ala plancha (6) **£16.75**

### Loch Torridon langoustine scampi

Served with chips, salad and our tartare sauce (6) **£17.25**

### Shieldaig village smoked salmon

Hot and cold smoked salmon with lemon and homemade bread **£9.95/£15.95**

### Fishcakes

Made with fresh local fish and served with our lemon mayonnaise (1) **£5.00**  
(2) **£7.50**  
(3) **£9.75**

### Fish and chips

Fresh Scottish haddock in our batter, served with tartare sauce, salad & chips **£13.75**

### Moules marinière

Served with our homemade bread **£8.50/£11.50**

### Loch Torridon seafood platter

Ask your server what we have today  
small/large **£market price**

### Hand-dived local scallops

Pan fried with chorizo and served with salad and homemade bread (3) **£10.75**  
(6) **£19.75**

## CHILDREN

We can serve small portions of most of our dishes and in addition we have

Small margarita pizza from the wood-fired oven **£6.00**

Small fish & chips **£9.00**

Sausage, beans & chips **£6.50**

We have a large array of both alcoholic and non-alcoholic drinks at the bar, including real ales, guest beers and selected Scottish malts and craft gins – please just ask your server for your drink of preference.

## CHAMPAGNE & SPARKLING

Joseph Perrier Cuvée Royale	Bottle <b>£60.00</b>	Half <b>£40.00</b>	Quarter <b>£25.00</b>
Prosecco Spumante Extra Dry (Italy)	Bottle <b>£30.00</b>	Quarter	
Prosecco Il Fresco, Villa Sandi Treviso (Italy)		<b>£11.00</b>	

## WHITE

Colombard, Baron d'Arignac (France) 2017	Bottle <b>£18.00</b>	175mls <b>£5.00</b>	250mls <b>£6.50</b>
Sauvignon Blanc, Santa Helena (Chile) 2016/17	<b>£20.00</b>	<b>£5.50</b>	<b>£7.00</b>
Victoria park Chardonnay, Yalumba 2016/17	<b>£24.00</b>	<b>£6.00</b>	<b>£8.25</b>
Pinot Grigot, terra del Noce (Italy) 2016/17	<b>£24.00</b>	<b>£6.00</b>	<b>£8.25</b>
Picpoul de Pinet, Beauvignac (France) 2016/17	<b>£27.00</b>	<b>£6.75</b>	<b>£9.25</b>

## ROSE

Syrah Rose, Baron d'Arignac (France) 2016/17	Bottle <b>£18.00</b>	175mls <b>£5.00</b>	250mls <b>£6.50</b>
Rose, Santa Helena (Chile) 2016/17	<b>£20.00</b>	<b>£5.50</b>	<b>£7.00</b>

## RED

Cabernet Sauvignon, Baron d'Arignac (France) 16/17	Bottle <b>£18.00</b>	175mls <b>£5.00</b>	250mls <b>£6.50</b>
Merlot, Santa Helena (Chile) 2016/17	<b>£20.00</b>	<b>£5.50</b>	<b>£7.00</b>
Rioja, Monte Haro, Paternina (Spain) 2016	<b>£23.00</b>	<b>£6.00</b>	<b>£8.00</b>
Shiraz, Yalumba y Series (Australia) 2015/16	<b>£29.00</b>	<b>£7.00</b>	<b>£10.00</b>

If you have any food or other allergies, or would like to see our allergen list, please notify your server

 Vegetarian option

## PUDDINGS

See blackboard for today's other puddings

**Crème brûlée £6.50**

**Our sticky toffee & date pudding**  
With vanilla ice cream **£6.75**

**Cranachan with raspberries £6.75**

**Ice cream & Sorbet**  
See blackboard for today's flavours  
Per scoop **£2.50**

**Selection of Scottish cheeses**  
With oatcakes and homemade chutney **£9.50**

## BEER

### Draught Beer & Cider

Guinness	<b>£4.20/£2.20</b>
Tennent's Lager	<b>£3.70/£1.90</b>
Heverlee Belgian Lager	<b>£3.90/£2.00</b>
Tennent's Ember	<b>£3.80/£2.00</b>
Strongbow Cider	<b>£3.85/£2.00</b>

### Draught Real Ale

Strathcarron Brewery Red Cow	<b>£3.90/£2.00</b>
Strathcarron Brewery Golden Cow	<b>£3.90/£2.00</b>

### Bottled Beers & Cider

Strathcarron Brewery Black Cow	<b>£4.50</b>
Old Mout Cider Summer Berries	<b>£4.50</b>
Old Mout Cider Kiwi & Lime	<b>£4.50</b>
Crabbies Alcoholic Ginger Beer	<b>£4.50</b>
Peroni	<b>£3.20</b>
Stella	<b>£3.20</b>
Corona	<b>£3.20</b>
Becks	<b>£3.20</b>
Becks Blue (Non-Alcoholic)	<b>£3.20</b>

## SOFT DRINKS

### Cans

Coke, Diet Coke, Irn Bru **£1.50**

### Bottles

Fentimans Ginger Beer, Fentimans Victorian Lemonade, Appletiser, Sparkling Elderflower Presse, Orange & Passionfruit J2o **£2.50**

### Highland Spring water

1lt Still or Sparkling **£3.50**  
330ml Still or Sparkling **£2.00**



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